

Thoughtful Thursday

Explore sharing and giving, like donating or helping others with money.

Activity: "Acts of Kindness Tree"

Goal: Explore giving that doesn't require money.

How it works:

- Create a big paper tree on the wall.
 - Write or draw **acts of kindness** they can do without spending money (helping a friend, sharing toys, picking up litter, writing thank-you notes).
 - Add "leaves" to the tree.
 - Discuss how giving time and kindness is valuable.
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1. What does "donate" mean?

- A) Keep money in your pocket
 - B) Give money, items, or time to help others
 - C) Hide your money
 - D) Spend money on sweets
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2. Which of these could you donate?

- A) Toys you no longer use
 - B) Time to help others
 - C) Money for a cause
 - D) All of the above
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3. Why do some people donate money?

- A) To lose money
 - B) To get richer
 - C) To help others who need support
 - D) To win prizes
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4. What is a charity?

- A) A kind of shop
 - B) An organisation that helps others
 - C) A TV show
 - D) A school subject
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5. Which of these is a well-known charity active across Ireland and Northern Ireland?

- A) Barnardo's
 - B) Tesco
 - C) Smyths Toys
 - D) Centra
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6. What is "giving back"?

- A) Returning toys to the shop
 - B) Helping your community or others in need
 - C) Giving your homework to a friend
 - D) Paying for sweets
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7. What is a donation box often used for?

- A) To keep receipts
 - B) To collect donations for a cause
 - C) To store lunch
 - D) To hide notes
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8. Which global event encourages people around the world to donate to fight poverty and help those in need?

- A) World Environment Day
- B) International Day of Charity

- C) World Health Day
 - D) Human Rights Day
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9. What is something children in the Philippines often donate?

- A) Toys and school supplies
 - B) Chocolate
 - C) Coins for games
 - D) Clothes for pets
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10. What does a food bank do?

- A) Stores recipes
 - B) Helps people buy fast food
 - C) Gives free food to people who need it
 - D) Makes food for animals
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11. How can kids raise money for a cause?

- A) Sell lemonade
 - B) Do a sponsored walk
 - C) Organise a bake sale
 - D) All of the above
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12. Which of these is a reason to donate?

- A) You want to help someone else
 - B) You don't want the item
 - C) You feel thankful and want to share
 - D) All of the above
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13. What should you do before donating money online?

- A) Ask a friend
 - B) Guess your password
 - C) Make sure it's a real and safe website
 - D) Click quickly
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14. Why is donating time just as valuable as money?

- A) Time is money
 - B) Helping with time can also make a big difference
 - C) It's faster than giving money
 - D) You don't need to talk to anyone
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15. What is an example of donating time?

- A) Cleaning your room
 - B) Helping at a local shelter or fundraiser
 - C) Going on holiday
 - D) Playing football
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16. What happens when lots of people donate small amounts?

- A) Nothing changes
 - B) It becomes one big helpful amount
 - C) The money disappears
 - D) Only rich people benefit
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17. What's one reason people donate during the holidays (like Christmas)?

- A) They are bored
- B) It's a time of giving and helping
- C) Shops are closed
- D) School is over

18. How can donating make you feel?

- A) Grumpy
- B) Proud and happy
- C) Tired
- D) Nervous

19. Which country was the first to introduce a national holiday specifically dedicated to giving to charity, known as “National Philanthropy Day”?

- A) America (USA)
- B) United Kingdom
- C) Canada
- D) Australia

20. What is the most important thing about giving?

- A) Giving the biggest amount
- B) Giving when someone tells you to
- C) Giving with kindness and care, even if it’s small
- D) Showing off your donation

1, B 2. D 3. C 4. B 5. A 6. B 7. B 8. B 9. A 10. C 11. D 12. D 13. C 14. B 15. B 16. B 17. B 18. B 19. A 20. C